

Shri Hanuman Chalisa with Meaning

Text: Gita Press, Gorakhpur · Meaning: hanumanchalisapdf.in

॥ Doha ॥

Shreeguru Charan Saroj Raj Nij Manu Mukuru Sudhari ।
Baranaun Raghubar Bimal Jasu Jo Dayaku Phal Chari ॥

Meaning: I clean the mirror of my mind with the dust of my Guru's lotus feet. Then I sing the pure glory of Shri Raghubar (Shri Ram), which gives the four fruits of life: dharma, artha, kama and moksha.

Buddhiheen Tanu Janike, Sumiraun Pavan-Kumar ।
Bal Budhi Bidya Dehu Mohin, Harahu Kales Bikar ॥

Meaning: Knowing that I have little wisdom, I remember Hanuman ji, the son of the Wind. O Hanuman ji, give me strength, wisdom and knowledge, and take away my troubles (kales) and the faults of my mind (bikar).

॥ Chaupai ॥

1 Jai Hanuman Gyan Gun Sagar ।
Jai Kapees Tihun Lok Ujagar ॥

Meaning: Victory to you, Hanuman ji, ocean of knowledge and good qualities. Victory to you, Kapees (lord of the monkeys), whose fame shines across the three worlds.

2 Ram Doot Atulit Bal Dhama ।
Anjani-Putra Pavanasut Nama ॥

Meaning: You are Shri Ram's messenger and a home of strength that has no equal. You are known as Anjani-Putra (son of Anjana) and Pavanasut (son of the Wind god).

3 Mahabeer Bikram Bajarangi ।
Kumati Nivar Sumati Ke Sangi ॥

Meaning: O great hero, you are very brave, and your body is as strong as a vajra (thunderbolt). You take away bad thinking and stand by those who think well.

4 Kanchan Baran Biraj Subesa ।
Kanan Kundal Kunchit Kesa ॥

Meaning: Your colour is like gold and you look handsome in fine clothes. You wear earrings, and your hair is curly.

5 Hath Bajra Aur Dhvaja Birajai ।

Kandhe Moonj Janeu Sajai ॥

Meaning: In your hands shine the vajra and a flag, and a sacred thread of moonj grass sits on your shoulder.

6 Sankar Suvan Kesareenandan ।

Tej Pratap Maha Jag Bandan ॥

Meaning: You are a form of Lord Shankar (Shiva) and the son of Kesari ji. Your glory and power are great, and the whole world bows to you.

7 Bidyavan Guni Ati Chatur ।

Ram Kaj Karibe Ko Atur ॥

Meaning: You are learned, full of good qualities and very clever, and you are always eager to do Shri Ram's work.

8 Prabhu Charitra Sunibe Ko Rasiya ।

Ram Lashan Seeta Man Basiya ॥

Meaning: You love to hear the story of Lord Shri Ram. Shri Ram, Lakshman ji and Sita ji live in your heart.

9 Sookshma Roop Dhari Siyahin Dikhava ।

Bikat Roop Dhari Lank Jarava ॥

Meaning: You took a tiny form to appear before Sita ji, and a fearsome form to burn Lanka.

10 Bheem Roop Dhari Asur Sanhare ।

Ramachandra Ke Kaj Sanvare ॥

Meaning: You took a huge form to destroy the demons, and you completed the work of Shri Ramachandra.

11 Lay Sajeevan Lakhan Jiyaye ।

Shreeraghubeer Harashi Ur Laye ॥

Meaning: You brought the sanjeevani herb and brought Lakshman ji back to life. Shri Raghubeer (Shri Ram) was so happy that he hugged you to his heart.

12 Raghupati Keenhi Bahut Badai ।

Tum Mam Priy Bharatahi Sam Bhai ॥

Meaning: Shri Raghupati (Shri Ram) praised you a lot and said: you are as dear to me as my brother Bharat.

13 Sahas Badan Tumharo Jas Gavain ।

As Kahi Shreepati Kanth Lagavain ॥

Meaning: "The thousand-mouthed Sheshnag sings your glory," says Shreepati (Shri Ram), and hugs you.

14 Sanakadik Brahmadi Muneesa ।

Narad Sarad Sahit Aheesa ॥

Meaning: Sanak and the other sages, Brahma and the other gods, the great munis, Narad ji, Saraswati ji and Sheshnag too sing your glory.

15 Jam Kuber Digapal Jahan Te ।

Kabi Kobid Kahi Sake Kahan Te ॥

Meaning: Yamraj, Kuber and the guardians of the directions (digpal) also sing your glory. So how can poets and scholars ever describe it fully?

16 Tum Upakar Sugreevahin Keenha ।

Ram Milay Raj Pad Deenha ॥

Meaning: You did Sugreev a great favour: you brought him to Shri Ram and got him the throne.

17 Tumharo Mantra Bibheeshan Mana ।

Lankesvar Bhae Sab Jag Jana ॥

Meaning: Vibheeshan followed your advice (mantra) and became the king of Lanka. The whole world knows this.

18 Jug Sahasra Jojan Par Bhanu ।

Leelyo Tahi Madhur Phal Janu ॥

Meaning: The sun is a huge distance away (jug sahasra jojan), yet you swallowed it, thinking it was a sweet fruit.

19 Prabhu Mudrika Meli Mukh Mahin ।

Jaladhi Langhi Gaye Acharaj Nahin ॥

Meaning: Keeping Lord Shri Ram's ring in your mouth, you leapt across the ocean. It is no wonder.

20 Durgam Kaj Jagat Ke Jete ।

Sugam Anugrah Tumhare Tete ॥

Meaning: Every hard task in the world becomes easy with your grace.

21 Ram Duare Tum Rakhavare ।

Hot Na Agya Binu Paisare ॥

Meaning: You guard Shri Ram's door. No one can enter without your permission.

22 Sab Sukh Lahai Tumhari Sarana ।

Tum Rachchhak Kahu Ko Dar Na ॥

Meaning: Whoever comes to your shelter finds every happiness. When you are the protector (rachchhak), there is nothing to fear.

- 23 **Apan Tej Samharo Apai ।**
Teenon Lok Hank Ten Kanpai ॥
Meaning: Only you can hold your own power. The three worlds tremble at your roar.
- 24 **Bhoot Pisach Nikat Nahin Avai ।**
Mahabeer Jab Nam Sunavai ॥
Meaning: When the name of Mahabeer Hanuman ji is said, ghosts and evil spirits do not come near.
- 25 **Nasai Rog Harai Sab Peera ।**
Japat Nirantar Hanumat Beera ॥
Meaning: Chanting the name of the brave Hanuman ji again and again destroys disease and removes all pain.
- 26 **Sankat Ten Hanuman Chhudavai ।**
Man Kram Bachan Dhyan Jo Lavai ॥
Meaning: Hanuman ji frees from trouble anyone who keeps him in mind in thought, deed and word.
- 27 **Sab Par Ram Tapasvi Raja ।**
Tin Ke Kaj Sakal Tum Saja ॥
Meaning: Shri Ram, the king who lived like an ascetic, is above everyone, and you completed all his work.
- 28 **Aur Manorath Jo Koi Lavai ।**
Soi Amit Jeevan Phal Pavai ॥
Meaning: Whoever comes to you with any wish (manorath) receives its endless fruit in life.
- 29 **Charon Jug Paratap Tumhara ।**
Hai Parasiddha Jagat Ujiyara ॥
Meaning: Your glory shines in all four yugas (Satyug, Treta, Dwapar and Kalyug), and your fame is known across the world and lights it up.
- 30 **Sadhu Sant Ke Tum Rakhavare ।**
Asur Nikandan Ram Dulare ॥
Meaning: You protect sadhus and saints, you destroy the demons, and you are dear to Shri Ram.
- 31 **Ashta Siddhi Nau Nidhi Ke Data ।**
As Bar Deen Janaki Mata ॥
Meaning: You can give the eight siddhis and the nine nidhis; mother Janaki (Sita ji) gave you this boon.

32 Ram Rasayan Tumhare Pasa ।
Sada Raho Raghupati Ke Dasa ॥

Meaning: You hold the medicine of devotion to Ram (Ram rasayan), and you always remain the servant of Shri Raghupati (Shri Ram).

33 Tumhare Bhajan Ram Ko Pavai ।
Janam Janam Ke Dukh Bisaravai ॥

Meaning: Through your bhajan, a devotee reaches Shri Ram and forgets the sorrows of many lives.

34 Ant Kal Raghubar Pur Jai ।
Jahan Janma Hari-Bhakta Kahai ॥

Meaning: At the end, such a devotee goes to the home of Shri Raghubar (Shri Ram), and wherever they are born again, they are known as a devotee of Hari.

35 Aur Devata Chitta Na Dharai ।
Hanumat Sei Sarba Sukh Karai ॥

Meaning: Even without keeping other gods in mind, one gets every happiness just by serving Hanuman ji.

36 Sankat Katai Mitai Sab Peera ।
Jo Sumirai Hanumat Balabeera ॥

Meaning: Whoever remembers the mighty Hanuman ji has their troubles cut away and all their pain removed.

37 Jai Jai Jai Hanuman Gosain ।
Kripa Karahu Guru Dev Ki Nain ॥

Meaning: Victory, victory, victory to you, Hanuman ji, my lord (Gosain). Bless me with your kindness, the way a guru blesses.

38 Jo Sat Bar Path Kar Koi ।
Chhootahi Bandi Maha Sukh Hoi ॥

Meaning: Whoever reads this a hundred times (sat bar) is freed from bondage and finds great happiness.

39 Jo Yah Padhai Hanuman Chaleesa ।
Hoy Siddhi Sakhi Gaureesa ॥

Meaning: Whoever reads this Hanuman Chalisa gains siddhi (success), and Gaureesa (Lord Shiva) is the witness.

40 Tulaseedas Sada Hari Chera ।
Keejai Nath Hriday Mahan Dera ॥

Meaning: Tulsidas is forever a servant of Hari (Shri Ram). O Lord, make your home in my heart.

॥ Doha ॥

Pavanatanay Sankat Haran, Mangal Moorati Roop ।

Ram Lashan Seeta Sahit, Hriday Basahu Sur Bhoop ॥

Meaning: O son of the Wind, you remove troubles and you are the very form of all that is good. O king of the gods, live in my heart along with Shri Ram, Lakshman ji and Sita ji.