

॥ Shri Hanumate Namah ॥

Shri Hanuman Chalisa

By Goswami Tulsidas · As printed by Gita Press, Gorakhpur

How to read: ee and oo are long (Kapees, Roop) ·
n after a vowel is nasal (Mohin) · an a inside a word is light (Bajarangi)

॥ Doha ॥

Shreeguru Charan Saroj Raj Nij Manu Mukuru Sudhari ।
Baranaun Raghubar Bimal Jasu Jo Dayaku Phal Chari ॥
Buddhiheen Tanu Janike, Sumiraun Pavan-Kumar ।
Bal Budhi Bidya Dehu Mohin, Harahu Kales Bikar ॥

॥ Chaupai ॥

- 1 Jai Hanuman Gyan Gun Sagar ।
Jai Kapees Tihun Lok Ujagar ॥
- 2 Ram Doot Atulit Bal Dhama ।
Anjani-Putra Pavanasut Nama ॥
- 3 Mahabeer Bikram Bajarangi ।
Kumati Nivar Sumati Ke Sangi ॥
- 4 Kanchan Baran Biraj Subesa ।
Kanan Kundal Kunchit Kesa ॥
- 5 Hath Bajra Aur Dhvaja Birajai ।
Kandhe Moonj Janeu Sajai ॥
- 6 Sankar Suvan Kesareenandan ।
Tej Pratap Maha Jag Bandan ॥

- 7 Bidyavan Guni Ati Chatur ।
Ram Kaj Karibe Ko Atur ॥
- 8 Prabhu Charitra Sunibe Ko Rasiya ।
Ram Lashan Seeta Man Basiya ॥
- 9 Sookshma Roop Dhari Siyahin Dikhava ।
Bikat Roop Dhari Lank Jarava ॥
- 10 Bheem Roop Dhari Asur Sanhare ।
Ramachandra Ke Kaj Sanvare ॥
- 11 Lay Sajeevan Lakhan Jiyaye ।
Shreeraghubeer Harashi Ur Laye ॥
- 12 Raghupati Keenhi Bahut Badai ।
Tum Mam Priy Bharatahi Sam Bhai ॥
- 13 Sahas Badan Tumharo Jas Gavain ।
As Kahi Shreepati Kanth Lagavain ॥
- 14 Sanakadik Brahmadi Muneesa ।
Narad Sarad Sahit Aheesa ॥
- 15 Jam Kuber Digapal Jahan Te ।
Kabi Kobid Kahi Sake Kahan Te ॥
- 16 Tum Upakar Sugreevahin Keenha ।
Ram Milay Raj Pad Deenha ॥
- 17 Tumharo Mantra Bibheeshan Mana ।
Lankesvar Bhae Sab Jag Jana ॥

- 18 Jug Sahasra Jojan Par Bhanu ।
Leelyo Tahī Madhur Phal Janu ॥
- 19 Prabhu Mudrika Meli Mukh Mahin ।
Jaladhi Langhi Gaye Acharaj Nahin ॥
- 20 Durgam Kaj Jagat Ke Jete ।
Sugam Anugrah Tumhare Tete ॥
- 21 Ram Duare Tum Rakhavare ।
Hot Na Agya Binu Paisare ॥
- 22 Sab Sukh Lahai Tumhari Sarana ।
Tum Rachchhak Kahu Ko Dar Na ॥
- 23 Apan Tej Samharo Apai ।
Teenon Lok Hank Ten Kanpai ॥
- 24 Bhoot Pisach Nikat Nahin Avai ।
Mahabeer Jab Nam Sunavai ॥
- 25 Nasai Rog Harai Sab Peera ।
Japat Nirantar Hanumat Beera ॥
- 26 Sankat Ten Hanuman Chhudavai ।
Man Kram Bachan Dhyan Jo Lavai ॥
- 27 Sab Par Ram Tapasvi Raja ।
Tin Ke Kaj Sakal Tum Saja ॥
- 28 Aur Manorath Jo Koi Lavai ।
Soi Amit Jeevan Phal Pavai ॥

- 29 Charon Jug Paratap Tumhara ।
Hai Parasiddha Jagat Ujiyara ॥
- 30 Sadhu Sant Ke Tum Rakhavare ।
Asur Nikandan Ram Dulare ॥
- 31 Ashta Siddhi Nau Nidhi Ke Data ।
As Bar Deen Janaki Mata ॥
- 32 Ram Rasayan Tumhare Pasa ।
Sada Raho Raghupati Ke Dasa ॥
- 33 Tumhare Bhajan Ram Ko Pavai ।
Janam Janam Ke Dukh Bisaravai ॥
- 34 Ant Kal Raghubar Pur Jai ।
Jahan Janma Hari-Bhakta Kahai ॥
- 35 Aur Devata Chitta Na Dharai ।
Hanumat Sei Sarba Sukh Karai ॥
- 36 Sankat Katai Mitai Sab Peera ।
Jo Sumirai Hanumat Balabeera ॥
- 37 Jai Jai Jai Hanuman Gosain ।
Kripa Karahu Guru Dev Ki Nain ॥
- 38 Jo Sat Bar Path Kar Koi ।
Chhootahi Bandi Maha Sukh Hoi ॥
- 39 Jo Yah Padhai Hanuman Chaleesa ।
Hoy Siddhi Sakhi Gaureesa ॥

40 Tulaseedas Sada Hari Chera ।
Keejai Nath Hriday Mahan Dera ॥

॥ Doha ॥

Pavanatanay Sankat Haran, Mangal Moorati Roop ।
Ram Lashan Seeta Sahit, Hriday Basahu Sur Bhoop ॥