

॥ Shri Hanumate Namah ॥

Shri Hanuman Chalisa

By Goswami Tulsidas · As printed by Gita Press, Gorakhpur

॥ Doha ॥

Shreeguru Charan Saroj Raj Nij Manu Mukuru Sudhari ।

Baranaun Raghubar Bimal Jasu Jo Dayaku Phal Chari ॥

Buddhiheen Tanu Janike, Sumiraun Pavan-Kumar । Bal Budhi Bidya Dehu Mohin, Harahu Kales Bikar ॥

॥ Chaupai ॥

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| 1 Jai Hanuman Gyan Gun Sagar ।
Jai Kapees Tihun Lok Ujagar ॥ | 21 Ram Duare Tum Rakhavare ।
Hot Na Agya Binu Paisare ॥ |
| 2 Ram Doot Atulit Bal Dhama ।
Anjani-Putra Pavanasut Nama ॥ | 22 Sab Sukh Lahai Tumhari Sarana ।
Tum Rachchhak Kahu Ko Dar Na ॥ |
| 3 Mahabeer Bikram Bajarangi ।
Kumati Nivar Sumati Ke Sangi ॥ | 23 Apan Tej Samharo Apai ।
Teenon Lok Hank Ten Kanpai ॥ |
| 4 Kanchan Baran Biraj Subesa ।
Kanan Kundal Kunchit Kesa ॥ | 24 Bhoot Pisach Nikat Nahin Avai ।
Mahabeer Jab Nam Sunavai ॥ |
| 5 Hath Bajra Aur Dhvaja Birajai ।
Kandhe Moonj Janeu Sajai ॥ | 25 Nasai Rog Harai Sab Peera ।
Japat Nirantar Hanumat Beera ॥ |
| 6 Sankar Suvan Kesareenandan ।
Tej Pratap Maha Jag Bandan ॥ | 26 Sankat Ten Hanuman Chhudavai ।
Man Kram Bachan Dhyani Jo Lavai ॥ |
| 7 Bidyavan Guni Ati Chatur ।
Ram Kaj Karibe Ko Atur ॥ | 27 Sab Par Ram Tapasvi Raja ।
Tin Ke Kaj Sakal Tum Saja ॥ |
| 8 Prabhu Charitra Sunibe Ko Rasiya ।
Ram Lashan Seeta Man Basiya ॥ | 28 Aur Manorath Jo Koi Lavai ।
Soi Amit Jeevan Phal Pavai ॥ |
| 9 Sookshma Roop Dhari Siyahin Dikhava ।
Bikat Roop Dhari Lank Jarava ॥ | 29 Charon Jug Paratap Tumhara ।
Hai Parasiddha Jagat Ujiyara ॥ |
| 10 Bheem Roop Dhari Asur Sanhare ।
Ramachandra Ke Kaj Sanvare ॥ | 30 Sadhu Sant Ke Tum Rakhavare ।
Asur Nikandan Ram Dulare ॥ |
| 11 Lay Sajeevan Lakhan Jiyaye ।
Shreeraghubeer Harashi Ur Laye ॥ | 31 Ashta Siddhi Nau Nidhi Ke Data ।
As Bar Deen Janaki Mata ॥ |
| 12 Raghupati Keenhi Bahut Badai ।
Tum Mam Priy Bharatahi Sam Bhai ॥ | 32 Ram Rasayan Tumhare Pasa ।
Sada Raho Raghupati Ke Dasa ॥ |
| 13 Sahas Badan Tumharo Jas Gavain ।
As Kahi Shreepati Kanth Lagavain ॥ | 33 Tumhare Bhajan Ram Ko Pavai ।
Janam Janam Ke Dukh Bisaravai ॥ |
| 14 Sanakadik Brahmadi Muneesa ।
Narad Sarad Sahit Aheesa ॥ | 34 Ant Kal Raghubar Pur Jai ।
Jahan Janma Hari-Bhakta Kahai ॥ |
| 15 Jam Kuber Digapal Jahan Te ।
Kabi Kobid Kahi Sake Kahan Te ॥ | 35 Aur Devata Chitta Na Dharai ।
Hanumat Sei Sarba Sukh Karai ॥ |
| 16 Tum Upakar Sugreevahin Keenha ।
Ram Milay Raj Pad Deenha ॥ | 36 Sankat Katai Mitai Sab Peera ।
Jo Sumirai Hanumat Balabeera ॥ |
| 17 Tumharo Mantra Bibheeshan Mana ।
Lankesvar Bhae Sab Jag Jana ॥ | 37 Jai Jai Jai Hanuman Gosain ।
Kripa Karahu Guru Dev Ki Nain ॥ |
| 18 Jug Sahasra Jojan Par Bhanu ।
Leelyo Tahi Madhur Phal Janu ॥ | 38 Jo Sat Bar Path Kar Koi ।
Chhootahi Bandi Maha Sukh Hoi ॥ |
| 19 Prabhu Mudrika Meli Mukh Mahin ।
Jaladhi Langhi Gaye Acharaj Nahin ॥ | 39 Jo Yah Padhai Hanuman Chaleesa ।
Hoy Siddhi Sakhi Gaureesa ॥ |
| 20 Durgam Kaj Jagat Ke Jete ।
Sugam Anugrah Tumhare Tete ॥ | 40 Tulaseedas Sada Hari Chera ।
Keejai Nath Hriday Mahan Dera ॥ |

॥ Doha ॥

Pavanatanay Sankat Haran, Mangal Moorati Roop । Ram Lashan Seeta Sahit, Hriday Basahu Sur Bhoop ॥